

Information about the survey

Completing this survey means you will be helping us find out more about young people's experiences of racism and how we can help young people deal with those experiences.

The questions in this survey are about:

How you feel about yourself as a person

Your experiences of racial discrimination (if any)

What is available to help people who experience racism?

- This survey is quick and really easy to do, just put your initial reaction to the question.
- You can stop at any time, and don't have to give a reason. Put your hand up and someone will come over to you to help.
- All of your answers are **confidential** – this means that no one will find out that these are your answers (not your teachers, your parents, your friends, or your school) – so please just write what you think.
- This is **not a test** – there are no right or wrong answers to any of the questions, just write whatever you think.
- Do you have any questions? Are you happy to complete this survey? If you would like any more information then please put up your hand and someone will come and help you.

Please fill out the following information:

Your participant number:

Your age:

Your gender: Male / Female

Your School:



Please tick the **ethnic background** that best describes you:

White:	Black:	Asian:	Dual Heritage:	Other ethnicity:
White British White Czech White Irish White Polish	Black African Black British Black Caribbean	Bangladeshi Indian Pakistani Sri Lankan	White & Black Caribbean White & Black African White & Black British White & Asian Black & Asian	Chinese
Other.....	Other.....	Other.....	Other.....	Other.....



If you have any difficulties filling out this survey, please put your hand up and someone will come over to help you.



How do you feel about yourself?

The following questions are about how you feel about yourself as a person.



How much do you agree with the following statements?



Read the questions and tick the box you most agree with.

		Strongly Disagree	Disagree	Agree	Strongly Agree
					
1	Most of the time, I like who I am				
2	Sometimes, I think I am no good at all				
3	I think that I have a number of good qualities				
4	I am able to do things as well as most other people				
5	I do not feel like I have much to be proud of				
6	I certainly feel useless at times				
7	I feel that I am a person of worth, and equal to others				
8	I wish I could respect myself more				
9	Sometimes I feel like a failure				
10	I have a positive attitude about who I am				



How do you feel about making friends?



Tick the response that you most agree with

		No, never	Maybe	Some- times	Most of the time	Yes, always
1	Do you mostly find it easy to make friends?					
2	Do you have many friends?					
3	Do you ever wish you had more friends?					
4	Do other people your age like you when you try to be friendly?					
5	Are you popular with people your own age?					



Suppose someone in your form was bullied...



Tick the response that you most agree with

		No, never	Maybe	Some times	Most of the time	Yes, always
1	Would your teacher say something about this?					
2	Would the other children in your form say something?					
3	Would you tell your teacher?					



How much do you like to solve problems?

The next few questions are about whether you like to solve different types of problems.



Answer the questions by ticking a box.

		Not at all true for me	Hardly true for me	Sometimes true for me	Always true for me
					
1	I can always solve difficult problems if I try hard enough				
2	If someone goes against me, I can find a way to get what I want				
3	It is easy for me to stick to my aims and achieve my goals				
4	I am pretty sure that I could cope well with things that happen unexpectedly				
5	Because of who I am and what I know, I can handle surprising situations				
6	I can solve most problems if I put in the effort needed				
7	I can remain calm when I come across difficulties because I can cope well with them				
8	When I am faced with a problem, I can often find several ways to solve it				
9	If I am in trouble, I can usually think of a way to get out of trouble				
10	I can usually handle whatever comes my way				



How important is school to you?



Read the following statements and tick a box to show how important they are to you.

		Not important to me	A little bit important to me	Quite important	A lot important to me	Very important to me
1	Doing well in school					
2	Getting good marks					
3	Going to college after secondary school					
4	Being one of the highest achieving pupils in my form					



What do you want to do with your future?

Nearly everyone of your age has some idea of what they want to do in life. Read the following questions and circle an answer.

1. Do you plan to stay in education after the age of 18? (Circle one response)

1
Definitely not

2

3
Maybe

4

5
Definitely

2. What do you think you'll do after you finish your GCSEs at secondary school? (Please write below)

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.....

.....



Experiencing racism

**‘Racial discrimination’, is treating someone less favourably because of their colour, nationality, ethnic or national origin.
People from ANY ethnic background can experience racism.**

We’d like to know about any racism that you have experienced in and out of school, **in the last 6 months**, so that we can find more ways of helping you deal with these experiences.



Tick one box next to where it says ‘In school’ and a box next to ‘Out of school’.



Remember, these questions are about your experiences in **the last 6 months**.

1. How often have you been called insulting names, because of your ethnic/racial background?

In school?	Never	Once or twice	About once a month	About once a week	Most days
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Out of school?	Never	Once or twice	About once a month	About once a week	Most days
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2. How often have you been teased or bullied, because of your ethnic/racial background?

In school?	Never	Once or twice	About once a month	About once a week	Most days
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Out of school?	Never	Once or twice	About once a month	About once a week	Most days
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3. How often have you been excluded by others, because of your ethnic/racial background?

In school?	Never	Once or twice	About once a month	About once a week	Most days
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Out of school?	Never	Once or twice	About once a month	About once a week	Most days
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4. Have you ever been threatened by others, because of your ethnic/racial background?

In school?	Never	Once or twice	About once a month	About once a week	Most days
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Out of school?	Never	Once or twice	About once a month	About once a week	Most days
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Thank you for telling us about your experiences.

Now please tell us about any racism that you have seen or heard happen to other people **in the last 6 months**.



Tick one box next to where it says 'In school' and a box next to 'Out of school'.

5. How often have you seen others get called insulting names, because of their ethnic/racial background?

In school?	Never	Once or twice	About once a month	About once a week	Most days
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Out of school?	Never	Once or twice	About once a month	About once a week	Most days
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6. How often have you seen others get teased or bullied, because of their ethnic/racial background?

In school?	Never	Once or twice	About once a month	About once a week	Most days
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Out of school?	Never	Once or twice	About once a month	About once a week	Most days
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7. How often have you seen others get excluded, because of their ethnic/racial background?

In school?	Never	Once or twice	About once a month	About once a week	Most days
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Out of school?	Never	Once or twice	About once a month	About once a week	Most days
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8. Have you ever seen others get threatened, because of their ethnic/racial background?

In school?	Never	Once or twice	About once a month	About once a week	Most days
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Out of school?	Never	Once or twice	About once a month	About once a week	Most days
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Are there any other types of racism that you have experienced, or seen happen? Please write them below.

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Dealing with experiences of racism

If you have ever experienced racism, we'd like to know what you did to help you deal with those experiences. If you haven't experienced racism, we'd like to know what you think you would do if you ever did experience racism.



Please tick a box to show whether you have done, or would do this, and if you think it helps deal with racism.

	Have you done this?		Would you do this?		Do you think this helps people deal with experiencing racism?	
	Yes	No	Yes	No	Yes	No
Speak to a friend or family member						
Tell a member of staff at school, or a police officer						
Speak to someone confidentially (this means no one else knows), such as a school mentor						
You ignore it						
If someone is racist, you insult them back						
Report what happened to Childline						

If you have done something else that really helped you, or would do something different to the examples above, please explain here...

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We'd also like to know what help you think is available to other people who have experienced racism.

1. Do you think your teachers would tell you where you could find things to help you, if you ever did experience racism, or were bullied? (Circle one)

1 Never 2 Maybe 3 Sometimes 4 Mostly 5 Always

2. List all the things that you know of, that your school does to help people who experience racism, or get bullied (Write as many as you can think of on the lines below).

1.
2.
3.
4.
5.

3. How many times in the last 6 months have you used the internet **in school** to learn about what racism is?

Never	Once or twice	About once a month	About once a week	Most days
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4. How many times in the last 6 months have you used the internet **when you are out of school** to learn about what racism is?

Never	Once or twice	About once a month	About once a week	Most days
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5. What websites do you know you can go on to learn about what racism is, or how you can deal with it if you did experience racism? (Write them below)

1.
2.
3.
4.
5.



As far as you know, does your school do any of the following?



Please tick one box for whether your school does this, and another for whether you think it helps to tackle racism or not.

Does your school...

	Does your school do this?		Does it help to tackle racism?	
	YES	NO	YES	NO
Have assemblies about racism				
Let you discuss the problem of racism during lesson time				
Help you feel comfortable about discussing the problem of racism				
Tell you when something you hadn't realised was racist, is in fact racist				
Have information in school about how you can deal with racism				
Have confidential counsellors or school mentors (people you can speak to privately) if you do experience racism				
Teach you about different cultures and religions				
Celebrate the history of different cultures and religions				
Punish people who are racist				



Are you happy with how racism is tackled in school and out of school?



Read the following questions and tick a face.



Please remember that your school or teacher will not find out which face you tick.

1. Are you happy with how your school tackles racism?



I don't think the school helps people at all	I don't think the school helps people much	I don't know if the school helps people or not	I think the school helps people, but could do more	I think the school really helps people, and can't do any more
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2. If you have experienced racism **in school** in the last 6 months, have you felt that there was enough support available to you in school? (If you have not experienced racism in the last 6 months please go onto the next question).



I don't think I was helped by the school at all	I don't think I was helped by the school much	I don't know if the school helped or not	I think the school helped me, but could have done more	I think the school really helped me, and couldn't do any more
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3. If you have experienced racism **out of school** in the last 6 months, have you felt that there was enough support available to you out of school? (If you have not experienced racism in the last 6 months please go onto the next question).



I don't think I was helped out of school at all	I don't think I was helped out of school much	I don't know if I got any help out of school or not	I got help out of school, but needed more	I think the help out of school was really good, and I couldn't have been helped more
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We'd also like to know the ethnic backgrounds of your parents...

What is the ethnic background of your mother?



Please tick a description

White:	Black:	Asian:	Dual Heritage:	Other ethnicity:
White British White Czech White Irish White Polish	Black African Black British Black Caribbean	Bangladeshi Indian Pakistani Sri Lankan	White & Black Caribbean White & Black African White & Black British White & Asian Black & Asian	Chinese
Other.....	Other.....	Other.....	Other.....	Other.....

What is the ethnic background of your father?



Please tick a description

White:	Black:	Asian:	Dual Heritage:	Other ethnicity:
White British White Czech White Irish White Polish	Black African Black British Black Caribbean	Bangladeshi Indian Pakistani Sri Lankan	White & Black Caribbean White & Black African White & Black British White & Asian Black & Asian	Chinese
Other.....	Other.....	Other.....	Other.....	Other.....

Thank you for helping us find out how to help young people deal with racism by completing this survey.

We'd like to remind you that your answers are confidential. If you have any questions about the survey, please ask a researcher.

Please make sure you get a letter about this survey to read and to take home to your parents.